#### Contact

www.linkedin.com/in/heidik-2a8767176 (LinkedIn)

Top Skills

Dental Care

Periodontal Disease

Patient Care

# Heidi K.

Instructor at Portland Community College Dental Sciences Dept. Portland, Oregon Metropolitan Area

### Summary

I've been practicing dental hygiene full-time since 2002. I have worked in a variety of settings but mostly in private practice. Currently, I am working as part-time faculty in the Dental Sciences Department at Portland Community College and have just finished my Master's degree in Adult and Higher Education with an additional certificate in instructional design. My "off time" is spent volunteering in the community as well as being a loving mother, wife and daughter to my family and a steadfast friend to all the rest! I love my students and colleagues in the Community College "arena" and am passionate about helping first generation and underrepresented populations feel seen and be successful!

### Experience

Portland Community College 4 years 9 months

Instructor
April 2021 - Present (4 years 9 months)
1810 SW 5th Avenue, Portland, OR

Instructional Design Specialist April 2023 - July 2024 (1 year 4 months)

I resigned in this role to focus more on direct student-instructor experiences in the dental sciences (both in-person and remote) as that's what "fills my cup!". However, I am grateful for the opportunity I had as instructional design skills are very useful in remote and hybrid classrooms.

(contract/temp)
Registered Dental Hygienist
September 2002 - Present (23 years 4 months)
Portland, Oregon, United States

Currently working as an experienced dental hygienist on a part-time, temporary/contract basis while pursuing a career in higher education.

## Education

#### Oregon State University

Master's degree, Adult and Higher Education · (July 2022 - June 2024)

### Oregon Institute of Technology

Bachelor's degree, Dental Hygiene/Hygienist · (April 2020 - June 2022)

### Oregon Institute of Technology

Bachelors of Dental Hygiene, minor in business, Dental Hygiene/ Hygienist  $\cdot$  (2020 - 2021)

#### Portland Community College

Associate of Applied Science, Dental Hygiene/Hygienist · (September 2000 - June 2002)