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Top Skills

Organizational Change Management
Strategic Planning
Business Development

Certifications

Excel Quick Tips
WREB Restorative
National Board Dental Hygiene
Exam (NBDHE)
Registered Dental Hygienist
Registered Dental Hygienist

Stephen Quimby

Strategic Leader | MBA '25 | Organizational Growth, Change
Management & Leadership Development
Happy Valley, Oregon, United States

Summary

I am an MBA candidate at Pacific University with over a decade of leadership experience spanning the U.S. Navy, healthcare, and nonprofit governance. My passion is helping organizations navigate change, build high-performing teams, and create people-first strategies that drive lasting growth.

In my career I've led teams in high-stakes military operations, guided statewide strategic initiatives as Vice President of the Oregon Dental Hygienists' Association, and spearheaded operational improvements in healthcare systems. Across each role, I've seen how organizations thrive when leaders put people at the center — and how they struggle when they don't.

That belief led me to pursue my MBA, where I focus on organizational change, strategy, and leadership development. I bring not only experience in operations and team development, but also curiosity, humility, and a commitment to positive impact. My goal is to partner with organizations ready to grow, innovate, and strengthen their leadership for the future.

Experience

Pacific Dental Services

3 years 7 months

Lead Clinical Dental Hygienist

July 2024 - Present (1 year 6 months)

NW region

Oversee development and training for the region's clinical hygiene team
| Develop continuing education courses for quarterly regional hygiene meetings
| Help develop and implement onboarding process for new clinicians
| Education and training on the Mouth-Body connection, laser therapy,

VELscope screening, OralDNA salivary diagnostics, and Oralyzer oral fitness testing | Provide guidance for increased productivity of clinicians

Registered Dental Hygienist

July 2022 - Present (3 years 6 months)

Portland, Oregon, United States

Clinical Dental Hygienist

June 2022 - Present (3 years 7 months)

Diagnose and treat periodontal disease | Utilize state-of-the-art technology such as VELscope, laser therapy, and OralDNA testing to enhance diagnostic accuracy and treatment effectiveness | Perform oral health assessments | Provide comprehensive dental hygiene treatment | Utilize advanced diagnostic tools to assist in the detection of oral health issues | Develop and implement individualized care plans | Perform scaling, root planing, and prophylaxis to treat and manage periodontal health

Oregon Dental Hygiene Association

Vice president ODHA

January 2024 - Present (2 years)

Valley Medical Center

Certified Surgical Technologist

December 2015 - August 2017 (1 year 9 months)

Renton, Washington, United States

Swedish Medical Center

Certified Surgical Technologist

May 2015 - October 2015 (6 months)

a) Scrubbing into various surgical procedures in ENT, OB/GYN, Ortho, General, and Podiatry specialties. Cases vary from total joint replacements, to cesarean sections. b) first assisting when necessary during cases.

US Navy

Certified Surgical Technologist; Clinic Supervisor

September 2013 - March 2015 (1 year 7 months)

Naval Hospital Guam

ENT Clinic Supervisor

Successfully transitioned the entire department into a new \$150 million hospital with cost savings of over \$100,000.

- # Ensured material readiness for \$300,000 worth of medical equipment and supplies.
- # Managed \$10,000 quarterly budget to maintain supplies and equipment.
- # Performed as clinic customer service representative and as patient/provider liaison to ensure patient satisfaction was optimal, and all needs were met.
- # Rewrote Standards of Procedures manual for clinic operations to ensure 100% compliance with Navy, AORN, and AAMI standards, and successfully passed the 2014 Joint commission inspection with 0 hits.

Scrubbed and/or First Assisted over 100 ENT surgical procedures in the Main Operating Room, and 30 procedures in the ENT clinic.

Naval Hospital Guam

2 years 2 months

Sterile Processing Department Senior Technologist; Certified Surgical Technologist

August 2012 - September 2013 (1 year 2 months)

Central Sterilization and Processing Department

- # Ensured material readiness of over \$500,000 worth of medical equipment and supplies.

- # Rewrote Standards of Procedures manual for SPD in order to modernize standards in accordance with AORN and AMII standards, and successfully passed the 2012 Joint Commission inspection with 0 hits. Received the Joint Commission Super Star recognition for outstanding performance and knowledge of standards.

- # Supervised up to 25 surgical techs and operating room nurses in correct practices and procedures in sterilization, reprocessing of instruments, as well as infection control.

General Surgery Senior Technologist; Certified Surgical Technologist

August 2011 - August 2012 (1 year 1 month)

Guam

General Surgery Senior Technologist

- # Managed \$300,000 worth of supplies and equipment

- # Managed surgeon's preference cards for 4 surgeons

- # Trained up to 25 staff members on specifics of procedures performed by the surgeons

Scrubbed and/or first assisted in 166 cases, totaling 421 surgical hours.

Education

Pacific University

Master of Business Administration - MBA, Business Administration and Management, General, Healthcare Administration · (November 2025)

Clark College

Bachelor of Applied Science - BASc , Dental Hygiene/Hygienist · (2020 - 2022)

University of Maryland University College

Associate's Degree, General Studies · (2013 - 2014)

Navy Medical Training Campus

Certified Surgical Technologist, Surgical Technology/
Technologist · (2010 - 2011)